



The Waldorf Cookbook

Kelly Sundstrom

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The Waldorf Cookbook is a collection of the most cherished recipes in the Waldorf Tradition, hand selected by Waldorf Schools, teachers, and parents from around the globe. Inside The Waldorf Cookbook you will find wholesome, natural recipes to fill your home with health and harmony. These recipes have been passed down from generation to generation, crossing oceans and mountains to find their way into your family's home. There is nothing like an old-fashioned recipe, one that has a history and has been nourishing the hearts and minds of the world for ages. This is what the Waldorf Cookbook brings to you.

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