



Guts: The Endless Follies and Tiny Triumphs of a Giant Disaster

Kristen Johnston

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The *New York Times* bestseller—a harrowing and hysterical memoir by the two-time Emmy Award-winning actress from the hit television show *3rd Rock from the Sun*.

“It felt like I was speeding on the Autobahn toward hell, trapped inside a DeLorean with no brakes. And even if I could somehow stop, I’d still be screwed, because there’s no way I’d ever be able to figure out how to open those insane, cocaine-designed doors.”

Actress Kristen Johnston has written her first book, a surprisingly raw and triumphant memoir that is outrageous, moving, sweet, tragic, and heartbreakingly honest. *Guts* is a true achievement—a memoir that manages to be as frank and revealing as Augusten Burroughs, yet as hilarious and witty as David Sedaris. Johnston takes us on a journey so truthful and relatable, so remarkably fresh, it promises to stay with you for a long, long time.

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Joy Rodriguez:

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Vickie Flores:

People live in this new time of lifestyle always try and and must have the time or they will get lot of stress from both way of life and work. So , when we ask do people have free time, we will say absolutely yes. People is human not really a huge robot. Then we ask again, what kind of activity are you experiencing when the spare time coming to a person of course your answer can unlimited right. Then ever try this one, reading books. It can be your alternative with spending your spare time, the book you have read is Guts: The Endless

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