



# Motivation: How to Be Self Motivated For Your Own Development

*Hitesh Nakrani*

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## **Motivation: How to Be Self Motivated For Your Own Development** Hitesh Nakrani

Hard as it is to Be Self Motivated, it is hard to stay motivated. Self-motivation strategies are an essential part of personal development skills that's why. We decided to throw herself into a project is the sudden rush of blood to the head when we all have experienced it to break some old habits or learning a new skill might have been. It finally take control and that's been nagging at us for a long time to deal with an issue such a strong feeling. We resolve to strengthen self-motivation strategies are needed, it seems that enthusiasm and passion begins to wane when we first started, and hard work sets in.

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