



Handbook of Gerontology: Evidence-Based Approaches to Theory, Practice, and Policy

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A multidisciplinary resource that combines the latest research with the best practices for working with older adults

The *Handbook of Gerontology: Evidence-Based Approaches to Theory, Practice, and Policy* provides an essential source of important theoretical and applied information on gerontology for all mental health professionals interested in optimizing the health and well-being of older adults. Interdisciplinary and incorporating the most current evidence-based practices in its focus, this timely book considers the many factors that affect the way this growing population experiences the world-and provides a positive and proactive guide to administering care.

Integrating the latest research findings with important practice implications for working with an older client population, the Handbook of Gerontology draws on a multidisciplinary team of expert contributors who provide coverage and insight into a diverse range of topics, including:

- A global perspective on aging
- Elder abuse
- Family caregiving
- Parenting grandchildren
- Depression
- Substance abuse
- Alzheimer's disease
- Successful aging and personality
- Biological and cognitive aspects and theories of aging

An exceptional resource for practitioners, researchers, policymakers, and students, the *Handbook of Gerontology* is essential reading for anyone who works with older adults.

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