



# Cost-Outcome Methods for Mental Health

*William A. Hargreaves, Martha Shumway, Chou Li-Wei MD MSc, Brian Cuffel*

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**Cost-Outcome Methods for Mental Health** provides an overview of the choices and judgments used to evaluate the cost effectiveness of mental health treatment. It presents economic concepts of cost, discusses the various approaches to cost-outcome studies, and focuses on the way such studies apply to mental health. It is a practical guide rather than a theoretical treatment of cost-effectiveness analyses. Readers are guided through the process of designing cost-outcome studies; measuring costs, interventions, and outcomes; analyzing study results; and using findings to guide policy and practice. The book introduces readers who do not have a background in economics to apply economic methods of cost-outcome research, and prepares them for productive collaboration with economists in mental health services research.

## Key Features

- \* Clearly explains key economic concepts for non-economists
- \* Integrates the presentation of both economic and clinical aspects of design
- \* Provides many examples of applications to mental health services
- \* Authored by leading mental health services investigators

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