



Ayurveda and Acupuncture: Theory and Practice of Ayurvedic Acupuncture

Dr. Frank Ros

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Ayurveda and Acupuncture: Theory and Practice of Ayurvedic Acupuncture

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Ayurveda and Acupuncture: Theory and Practice of Ayurvedic Acupuncture Dr. Frank Ros

In this book, the author reveals the ancient Ayurvedic system of acupuncture called Siravedhana or Marmapuncture which has remained secret for many years. It is a comprehensive introduction for the layperson to understand not only Ayurvedic acupuncture but Ayurveda also. On the other hand, through detailed drawings and explanations it is also an in depth instructional manual for practitioners.

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