



# Understanding Ourselves: A Review of 17 Psychology Experiments

*Michael Jibrael*

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Michael Jibrael reviews and explains 17 famous psychology experiments of the 20th century.

The chapters and topics of this book are:

1. Classical Conditioning: Pavlov's Dogs and Taste Aversion Learning
2. Operant Conditioning: From Thorndike to Skinner
3. When Rewards Backfire: The Overjustification Effect
4. Learned Helplessness
5. Albert Bandura's Social Learning Theory
6. Piaget's Stages of Cognitive Development
7. Humans Just Want to Cuddle
8. The Strange Situation: From Monkeys to Humans
9. What Is Beautiful Is Good: The Halo Effect
10. How Can I Be Wrong? – The False Consensus Effect
11. Cognitive Dissonance and the Strive for Psychological Comfort
12. The Marshmallow Test: The Reward of Delayed Gratification
13. Of Prisoners and Guards: The Stanford Prison Experiment
14. An Experiment In Obedience
15. Group Think and The Power of Conformity
16. The Bystander Effect: To Help or Not To Help?
17. The Robber's Cave Experiment: A Lesson In Group Dynamics

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