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Contemporary sport psychology is a rapidly developing and theoretically rich discipline, and a sophisticated and challenging profession. The *Routledge International Handbook of Sport Psychology* offers a comprehensive and authoritative guide to contemporary sport psychology in all its aspects. Written by a team of world-leading researchers and practitioners from five continents, including both established scholars and the best emerging talents, the book traces the contours of the discipline of sport psychology, introducing fundamental theory, discussing key issues in applied practice, and exploring the most important themes, topics and debates across the sport psychology curriculum.

Uniquely, the book presents comparative studies of the history and contemporary practice of sport psychology in ten countries, including the US, UK, China, Japan, Brazil, Russia and Israel, helping the reader to understand the cultural and contextual factors that shape international practice in sport psychology. As well as covering in depth the core pillars of sport psychology, from motivation and cognition to group dynamics, the book also includes a full section on cultural sport psychology, a vital but under-explored sub-discipline that is having a profound influence on contemporary theory and practice.

With 56 chapters and unparalleled range, depth and currency, the *Routledge Handbook of International Sport Psychology* is an essential addition to any library with a serious holding in sport psychology.

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