



Rehabilitation Techniques in Sports Medicine

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The definitive guide to the management of sports injuries for the athletic trainer and sports therapist. Experts from the field of sports medicine have contributed to this edition. This comprehensive text addresses all aspects of rehabilitation including protocols for rehabilitating the wide variety of injuries athletes are prone to receive. Pros and con of various rehabilitative modalities are discussed as well as currently accepted techniques. This text is recognized as a comprehensive handbook for team sports and other practitioners who manage rehabilitation programs for injured athletes.

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