



# **Doctors Who Cure Cancer: Anticancer Biography and New Way of Life to Treat the Emperor of All Maladies**

*Artour Rakhimov*

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### **Early metastatic cancers are deadly, but even these cancers can be cured**

For early stages of metastasis, the typical 3- or 5-year survival rate is usually about 70-80%. In this astonishing published clinical trial, the survival rate in the control group was about 76%. But 96% of people in the main group, which practiced breathing exercises (to increase body oxygenation), in addition to standard medical therapies, survived. Therefore, this self-oxygenation technique naturally reduced cancer mortality by about 6 times!

There were only 2 people in the experimental group who died, but both had serious additional health problems (heart disease and diabetes). But all those who had only cancer survived. This is the most powerful known natural cancer cure technique used by doctors.

The book "**Doctors Who Cure Cancer**" provides detailed analysis of the method since this is the most successful clinical trial in the whole history of cancer research. The tested cancer therapy was based on breathing retraining or teaching patients to breathe in accordance with medical norms days and nights.

### **Cure cancer program**

The trial was published in Ukrainian Oncology Journal (Kiev). Prior to this clinical trial, these Soviet and Russian MDs practicing the Buteyko breathing method tested hundreds of people with cancers and found that all of them had heavy breathing pattern with low results for the DIY body oxygen test.

These doctors discovered that dynamic of cancer (stalemate, metastasis or regression of tumors) depends on breathing patterns and body oxygenation. They developed a program for cancer treatment that is based on breathing exercises and lifestyle changes.

### **Breathing parameters in people with cancer**

Several Western studies (described in this book) measured minute ventilation, respiratory frequency and end-tidal CO<sub>2</sub> in people with cancer. All these medical publications found that virtually each and every person with cancer:

- breathed about 2 times more air per minute than the medical norm
- had very low exhaled CO<sub>2</sub> content (about 2 times less for people with metastasis)
- had increased respiratory rate at rest (up to 30-40 breaths/min instead of normal 10-12 breaths/minute).

Overbreathing, according to hundreds of clinical studies, reduces O<sub>2</sub> levels in body cells.

### **Review of other breathing therapies for treatment of cancer**

Apart from the Buteyko breathing method used by more than 150 doctors, this book reviews other self-oxygenation techniques and breathing exercises that increase body oxygenation.

The book explains how the dynamic of cancer is based on breathing parameters, and how people can cure their cancer naturally if they manage to normalize their automatic breathing.

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