



Post Traumatic Slave Syndrome: America's Legacy of Enduring Injury and Healing

Joy DeGruy

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While African Americans managed to emerge from chattel slavery and the oppressive decades that followed with great strength and resiliency, they did not emerge unscathed. Slavery produced centuries of physical, psychological and spiritual injury.

Post Traumatic Slave Syndrome: America's Legacy of Enduring Injury and Healing lays the groundwork for understanding how the past has influenced the present, and opens up the discussion of how we can use the strengths we have gained to heal.

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