



Awakening in a Dream

George Trialonis

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Elias is a twelve year old boy who is growing up in a family and broader environment where the discipline of young children is considered more effective by appealing to monsters and creatures of the night. As if this is not enough, parents and neighbors conclude their summer late night gatherings, with children in sleepy attendance, relating stories about ghosts and nightmarish experiences.

Elias is tormented by the idea that he may be visited by a creature of the night or dream of the hag again. One night, while lying in bed to sleep, he feels that he is not alone in his room. The hag appears to him in the form of a skeleton washing the dishes in the kitchen. His fear is so high that suddenly changes to pure and fearless frustration while at the same time it alters his state of consciousness: he becomes a lucid dreamer, aware of his dream state.

This change of consciousness instills in Elias a sense of understanding of his dream environment and the idea that one must learn to distinguish what people do from what they really are: in other words, the knowledge that people are essentially good regardless of what they do.

Following repeated lucid dreams, Elias becomes friends with the hag who teaches him that feelings in a dream are very real. She teaches him that as long as one's feelings are true for a person then that person will always be real.

Elias understands that he can do anything in lucid dreams and feels like a king of dreams when he wakes up. This feeling pushes him to explore his sensations on objects that lie around in his dreams. Flying is what he does most in lucid dreams, especially jumping from hills and mountain tops, but he is frustrated by the limitation that he can not fly like Superman, "up-up and away" from ground level. When in a lucid dream Elias is chased by a store manager, he wakes up to set himself to the task of walking on water in a dream. His newly acquired state of consciousness in a dream becomes a serious concern to him when John, his best friend, hints that one day Elias may confuse reality with a dream and come to school dressed as Superman trying to convince everyone that he can fly. Elias resorts to the hag for answers.

In a conversation with Elias, the hag leads the boy into finding the answers himself. She underlines the strength of feelings in a dream and emphasizes that lucid dreams should be looked at as a means of having fun and exploration of the altered state of consciousness they represent.

In spite of the thrills his dreams have to offer, Elias nurtures strong feelings of friendship for the hag. Such feelings still remain mute which only the heart can understand.

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