



Anusual: Memoir of a Girl Who Came Back from the Dead

Anu Aggarwal

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Anusual is the story of Anu Aggarwal, the dusky Delhi girl who went to Bombay and became an international model and then a star with her very first Bollywood movie, Aashiqui, only to chuck it all up and join a yogashram. Coming back to Bombay, she was involved in a horrifying car crash that put her in a coma for twenty nine days. Miraculously, the girl who broke into a million pieces recovered, and put the pieces of her life back together, first taking sanyas and then returning to Bombay to teach yoga. This fascinating story of a woman's self-discovery, a near death experience and amazing recovery is told in a straight from the heart, unbuttoned style, including details of the men in her life, from millionaire jet-setters to superyogis. In the end, as she says, love is all there is.

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