



The Therapeutic Encounter: A Cross-modality Approach

David Bott, Pam Howard

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The Therapeutic Encounter introduces a cross-modality approach to the client-therapist encounter, drawing from humanistic, psychoanalytic, systemic, and integrative approaches. Chapters introduce a range of client themes ? the refusal to join in, the battle for control, the emotionally unavailable etc ? and shows how these are enacted in the relationship. Authors David Bott and Pam Howard invite you, as therapist, to interact creatively with the client, engaging directly in the drama. In this way, they provide a coherent framework within which to understand both the therapeutic relationship and the principles of their approach.

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