



# **Abordaje psicoterapeutico en el tratamiento de menores infractores: Una guia para profesionales de la salud mental (Spanish Edition)**

*Sir Ivan Anatti Samaniego go*

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Este libro es el fruto de una investigación experimental realizada en el 2010 para optar por el título de maestría en Psicología Clínica en la Universidad Especializada de las Américas, y está dirigido a todo aquel profesional de la salud mental que esté interesado en conocer un abordaje terapéutico que reúne los aspectos teórico-prácticos sometidos a análisis para el tratamiento de poblaciones juveniles con problemas de conducta antisocial o diagnósticos de trastornos de la conducta. Ofrece una guía de diez sesiones con objetivos, técnicas, actividades y otras herramientas basadas en el modelo de terapia racional emotiva conductual de Albert Ellis la cual fue aplicada en el estudio con resultados satisfactorios. Además el libro también aborda los aspectos etiológicos, sintomáticos y psicopatológicos asociados a la conducta antisocial enfocados principalmente en la etapa adolescente considerada por muchos autores un periodo crítico en el desarrollo de la personalidad antisocial.

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