



Dancers Amongst The Stars: The wonder, the beauty and the magic of who we really are, seen through the eyes of an awakening woman, who happens to have a therapist in her pocket

Janny Juddly

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This is a very particular kind of self-help book. It is a book of remembering. Our journey is a spiritual one even if we do not always realise it. We humans spend a lot of time trying to work out who we are, looking for meaning, searching for the big picture. Through a series of beautifully evocative and moving stories, uplifting poems, and insightful observational pieces, you are invited to rediscover the truth of who you really are. As a lecturer in Dynamic Therapy, the author's particular area of research and expertise has been the mind-body-soul connection, as underpinned by the latest research in neuroscience and quantum physics. As a therapist, mindfulness coach, and energy worker in private practice, her work has involved integrating this knowledge with leading edge thinking on spirituality, the workings of the human psyche, the impact of our developmental history, and the power of intention and the unconscious mind upon our experienced reality. Her goal is to incorporate this into her own understanding of the spiritual journey as an awakening woman. The stories, poems, and real life vignettes in this book are an invitation to you, as a fellow traveler and spiritual seeker, to see through compassionate eyes where you have come from, the amazing path you are embarked upon, and to view your experience of living this life, which is unique to you alone, from the perspective of who you really are: a magnificent spiritual being of light and love and power living a purposeful human experience.

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This Dancers Amongst The Stars: The wonder, the beauty and the magic of who we really are, seen through the eyes of an awakening woman, who happens to have a therapist in her pocket is great e-book for you because the content which is full of information for you who else always deal with world and still have to make decision every minute. This particular book reveal it info accurately using great manage word or we can declare no rambling sentences included. So if you are read the item hurriedly you can have whole information in it. Doesn't mean it only gives you straight forward sentences but hard core information with attractive delivering sentences. Having Dancers Amongst The Stars: The wonder, the beauty and the magic of who we really are, seen through the eyes of an awakening woman, who happens to have a therapist in her pocket in your hand like having the world in your arm, details in it is not ridiculous one. We can say that no publication that offer you world throughout ten or fifteen moment right but this guide already do that. So , this is certainly good reading book. Hey Mr. and Mrs. active do you still doubt that?

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