



# Teens and Technology: What Makes Your Teen Tick and How to Keep Them Safe

*Sideris Bastas M.S.*

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**Teens and Technology: What Makes Your Teen Tick and How to Keep Them Safe** Sideris Bastas M.S. The last forty years have seen many changes in technology, communication and the way our society interacts with one another. Radio, television, and computers have changed the way we think and how we raise our children. Today you have the internet, social websites, instant messaging and cellphones that carry the challenges of a technologically driven society. This book is designed to prepare parents for the inevitable and problematic issues that plague our twenty-first-century teenagers. Sideris has combined all the studies that are available on the various technologies and has broken them down into simple language that any parent can understand. Further, the studies are analyzed and conclusions are drawn regarding their effectiveness. Sideris has written this book to educate parents and help them understand how their tech-savvy teens relate to the technology of this new age.

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