

# **Handbook of Sport Psychology**



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### Handbook of Sport Psychology

Endorsed by the International Society of Sport Psychology, this classic reference draws on an international roster of experts and scholars in the field who have assembled state-of-the-art knowledge into this thorough, well-rounded, and accessible volume. It is completely updated to reflect the latest research and is an indispensable resource for any student or professional interested in the field of sport psychology.



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