



# Green Infrastructure and Public Health

*Christopher Coutts*

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## **Green Infrastructure and Public Health** Christopher Coutts

There is a growing body of knowledge revealing a sweeping array of connections between public health and green infrastructure – but not until now have the links between them been brought together in one comprehensive book. *Green Infrastructure and Public Health* provides an overview of current research and theories of the ecological relationships and mechanisms by which the environment influences human health and health behaviour.

Covering a broad spectrum of contemporary understanding, Coutts outlines:

- public health models that explicitly promote the importance of the environment to health
- ways in which the quality of the landscape is tied to health
- challenges of maintaining viable landscapes amidst a rapidly changing global environment

This book presents the case for fundamental human dependence on the natural environment and creates a bridge between contemporary science on the structure and form of a healthy landscape and the myriad ways that a healthy landscape supports healthy human beings. It presents ideal reading for students and practitioners of landscape architecture, urban design, planning, and health studies.

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