



Gale Encyclopedia of Alternative Medicine (4 Volume Set)

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Can magnets relieve arthritis pain? Does the scent of lavender calm the nerves? Is St. John's Wort a mood enhancer? Authoritative, objective and in tune with the subjects that matter to students and researchers, Gale presents four volumes of current, unbiased information on alternative and complementary medical practices. Covering all aspects of the subject through more than 800 entries, The Gale Encyclopedia of Alternative Medicine identifies types of alternative medicine being practiced today, including reflexology, acupressure, acupuncture, chelation therapy, kinesiology, yoga, chiropractic, Feldenkrais, polarity therapy, detoxification, naturopathy, Chinese medicine, biofeedback, Ayurveda and osteopathy. For the practitioner or interested patient, there are current training requirements, listings of organizations, as well as descriptions of treatments.

Information on recommended therapies for specific disorders and diseases and medicinal uses for plants and herbs are balanced by conclusions of studies on efficacy and analysis of current levels of acceptance by traditional scientists and doctors. Biographies of pioneers in the field -- including Deepak Chopra, Edward Bach and David Palmer -- appear as sidebars through the text. Included in each entry are glossary sidebars that define key terms. The four volumes contain more than 800 entries, approximately 400 color images, and many informative illustrations and charts pertaining to herbs and flowers, therapies and procedures, nutrition, and diseases and conditions. More than 50 new entries were added, on topics ranging from cherry juice, modified citrus pectin, oleander, and horticultural therapy; most existing entries were reviewed and updated, and many new images, charts and illustrations were added.

- Among the 50 new entries is one on how the Affordable Care Act will work with Alternative Medicine practices, which is very timely and important for this new edition, as medical changes are imminent in the United States.
- 75 new tables, charts and illustrations show important procedures and statistics.
- Biographies of 39 important figures in the field of Alternative Medicine are included and have been updated for this edition.
- Approximately 400 cross references steer readers to topics that might be known under other names

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Mary Ybarra:

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