



# **The Ultimate Green Juice Guide - Diet & Detox For Your Health, Live Better, Live Longer! (Green Juice Guide, Green Juice Recipes)**

*Daniel Adam*

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## **Green Juice Guide - Diet & Detox For Your Health, Live Better, Live Longer!**

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You're about to discover some of the remarkable benefits of juicing greens, and how it will help you lose weight, be healthy and have unstoppable energy. I've been juicing for years and have benefited tremendously from it, and in this book I share all you need to know on how you can get on your way to a more healthy and better quality lifestyle!

If you follow these juicing secrets and add the ritual of juicing to your life, I can promise you, your life will transform forever. You will not only have more energy, but you will be HAPPIER and every aspect of your life will improve.

### **Here Is A Preview Of What You'll Learn...**

- Green Juice At A Glance
- Why You Should Drink Green Juice
- Where To Start
- Tips On Green Juicing
- Green Juice & Green Smoothies
- Nutritional Facts
- Top Recommended Juicers
- 5 Sample Delicious Recipes
- Much, much more!

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