



## Memory and Aging: Current Issues and Future Directions

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Current demographical patterns predict an aging worldwide population. It is projected that by 2050, more than 20% of the US population and 40% of the Japanese population will be older than 65. A dramatic increase in research on memory and aging has emerged to understand the age-related changes in memory since the ability to learn new information and retrieve previously learned information is essential for successful aging, and allows older adults to adapt to changes in their environment, self-concept, and social roles.

This volume represents the latest psychological research on different aspects of age-related changes in memory. Written by a group of leading international researchers, its chapters cover a broad array of issues concerning the changes that occur in memory as people grow older, including the mechanisms and processes underlying these age-related memory changes, how these changes interact with social and cultural environments, and potential programs intended to increase memory performance in old age. Similarly, the chapters draw upon diverse methodological approaches, including cross-cultural extreme group experimental designs, longitudinal designs assessing intra-participant change, and computational approaches and neuroimaging assessment. Together, they provide converging evidence for stability and change in memory as people grow older, for the underlying causes of these patterns, as well as for the heterogeneity in older adults' performance.

*Memory and Aging* is essential reading for researchers in memory, cognitive aging, and gerontology.

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