



Carry On, Warrior: Thoughts on Life Unarmed

Glennon Doyle Melton

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Carry On, Warrior: Thoughts on Life Unarmed Glennon Doyle Melton
Anne Lamott meets Elizabeth Gilbert in this inspirational, side-splittingly funny exploration of the power of living with love, forgiveness, and honesty.

For years Glennon Doyle Melton built a wall between herself and others, hiding inside a bunker of secrets and shame. But one day everything changed: Glennon woke up to life, committing herself to living out loud and giving language to our universal (yet often secret) experiences. She became a sensation when her personal essays started going viral. Her hilarious and poignant observations have been read by millions, shared among friends, discussed at water coolers, and have now inspired a social movement. In *Carry On, Warrior*, Melton shares new stories and the best-loved material from Momastery.com. Her mistakes and triumphs demonstrate that love wins and that together we can do hard things. Melton is a courageous truth-teller and hopespreader, a wise and witty friend who emboldens us to believe in ourselves and reminds us that the journey is the reward. *Carry On, Warrior* proves that by shedding our weapons and armor, we can stop hiding, competing, and striving for the mirage of perfection, to build better lives in our hearts, homes, and communities.

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