

Saved by Gracie: How a Rough-And-Tumble Rescue Dog Dragged Me Back to Health, Happiness and God

Jan Dunlap



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There But for the Grace of Dog Go I . . . Author Jan Dunlap was suffering increasingly severe bouts of anxiety after a medical misdiagnosis slapped her in the face with an acute realization of the tenuous nature of human life. A degreed theologian, Jan found her personal faith in God and His promises severely shaken and her enthusiasm for life being replaced by growing fear and debilitating insecurity. Then a rescue-shelter black lab-mix by the name of Gracie came into her life as her daughter's new pet, and Jan determined to do whatever it took to provide both her daughter and the dog with the sense of security she herself no longer felt. She quickly discovered, however, that Gracie had her own agenda, and it was all dog. From chasing squirrels to jumping fences to the occasional roll in dead fish, Gracie taught Jan that life is for living, not dreading. As she began to realize that Gracie was helping her manage her anxiety, Jan also came to a new awareness of how a loving God provides healing through His own works of creation. Part memoir and part medical exploration of the truly healing gifts that God freely offers us through our interaction with animals and nature, Saved by Gracie is a story of God's redeeming love revealed at the paws of a dog.

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